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Website:

Tourette Syndrome • OCD • ADHD
Sensory • ODD • IED/'Rage'

Publishing:

*Nix Your Tics! Eliminate Unwanted Tic Symptoms:
A How-To Guide for Young People*

THE TOURETTE TWITCH!

1.) I'm a-shakin' and a-barkin' what's a-wrong with me?

**I hide these urges so no-one can see;
What's goin' on and where's it comin' from,
It sure was nice to hear I have Tourette's Syndrome.**

**Let's twitch, everybody let's twitch,
Who really cares if the neighbours snitch,
While we all do the "Tourette Twitch".**

2.) My parents, teachers doctors, well they all said:

**"Stop acting out of line, it's all in your head";
Then I went to get a neurological screen,
They told me I have really weird Dop-a-mine**

**Let's twitch, everybody let's twitch,
Who really cares if the neighbours snitch,
While we all do the "Tourette Twitch".**

**3.) I bark,nod,swear,blink, and get really mad,
That makes it sound as if it's all bad;
I'm also funny, smart, nice, creative as can be,
So come-on and do the "Tourette Twitch" with me!**

**Let's twitch, everybody let's twitch,
Who really cares if the neighbours snitch,
While we all do the "Tourette Twitch".**

Have a good one now...



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**4.) There's always some moron that will laugh in your face,
You lose your self-esteem with them on your case;
Rather than letting them get to your goose,
Say, "At least I have TS what's your excuse"?**

**Let's twitch, everybody let's twitch,
Who really cares if the neighbours snitch,
While we all do the "Tourette Twitch".**

**5.) We're doctors, artists, teachers, nothin's holding us back,
We really make our mark, we're a lively pack;
I'm so glad I've got it, 'cause it makes me so unique,
Life just isn't fun when you're boring and meek**

**Let's twitch, everybody let's twitch.
Who really cares if the neighbours snitch,
While we all do the "Tourette Twitch".**

**We all do the "Tourette Twitch".
We all do the "Tourette Twitch".
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We all do the "Tourette Twitch".**