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Tourette Syndrome • OCD • ADHD  
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A How-To Guide for Young People*

## Ways To Con Your Teacher!

- 1.) LOOK at the teacher when (s)he is speaking to you <bchuckle>!!
- 2.) In class, use the teacher’s name at least once per day to say something nice when you are speaking to him/her <bnicker>!!
- 3.) Make one good comment or observation in class each day <bgiggle>!!
- 4.) SMILE at your teacher [(S)He’ll go **CRAZY wondering what you’re up to**]!!!
- 5.) When everyone else is slamming their books shut, YOU quietly get ready to leave ONLY when the bell rings <tee-hee>!!
- 6.) When a teacher offers suggestions or corrects your errors, SAY THANK YOU [(S)He’ll NEVER see **THAT coming**]!!
- 7.) Offer to help the TEACHER when (s)he needs it (<HAAAAAAAA>!!! **What a way to mess with him/her**)!!
- 8.) If you don’t understand something, don’t know how to start something, or have forgotten some instructions on what to do, TELL THIS TO THE TEACHER (**most kids just start to goof off or pretend they know what they are doing and then do it wrong — when you are honest it will REALLY make the teacher scratch his/her head**)!!
- 9.) Every once in a while, when the teacher asks you to do something, like switching to the next subject, IMMEDIATELY do it without saying anything back (**and watch him/her faint <cackle>**)!!
- 10.) The MORE someone in the class yells at you, the MORE quietly and pleasantly you talk (**it’ll drive ‘em NUTS <snort>**)!!
- 11.) If you make a mistake, ADMIT it and APOLOGIZE (**the teacher might be expecting that you wouldn’t ever admit it — this’ll show him/her**)!!
- 12.) If you are starting to feel like you are going to have a problem (you can’t sit still, or you can’t pay attention, or you feel like you are about to explode with anger or tics) tell the teacher you want to give YOURSELF a time-out (<WAAAAAHahahahahaha> — **can you imagine the look on his/her face??!**)
- 13.) If you’ve got a diagnosis, tell the teacher you WANT the class to know about it (**this is a good one to pull on the bullies too — suddenly they can’t make fun of you anymore for your difference because YOU are talking about it first!! When you pretend that you don’t mind your difference then it isn’t any fun for others to pick on you for it anymore <chortle>**)!!
- 14.) If your friends are wondering what on earth you are doing, let them in on the secret — the more people that are messing with the teacher’s head, the better!!